

Dryden Family Medicine, LLC
Nationally Certified Patient Centered Medical Home
Nationally Certified in Diabetes Care
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allergy testing information before your test

You must have been off long acting antihistamines (e.g. zyrtec, Allegra, etc.) for at least 10 days before your allergy skin testing.

Short acting antihistamines (benadryl, chlortrimeton for example) last only 48 hrs, so it is ok to be off them only 3 days prior to testing.

You must not be taking any beta blockers (atenolol, naldalol and many others) - even ophthalmic drops . If you think you may be taking one then ask your practitioner about what to do.

Skin testing is very safe and effective in detecting what you are allergic to. The risk of a serious reaction to the solutions is very small but not zero. In case of a serious reaction we have emergency medication on hand to treat you with.